



Feelings, Friendship & Fun Therapy Group



SATURDAYS AT 5:00 PM

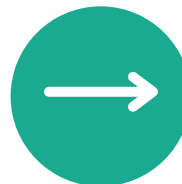
Join us for a therapy group that uses play and relationship-based activities to make learning and growing fun!

This group is ideal for **6-7 year olds** that could use a little extra support to successfully engage with peers, manage their attention and body regulation, and regulate their emotions.

Limit of 5 children per group. \$130 per session. Group starts on April 2 and runs for 6-weeks.

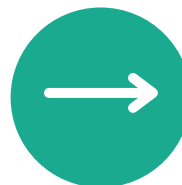
About the Group Leader

Cindy is an experienced counselor, group facilitator, and educator. She has a unique understanding of what children need to develop healthy social and emotional skills honed through her years of work in a variety of settings, including schools. She specializes in working with children facing anxiety and school challenges and understands the unique needs of the gifted community.



Big Feelings

We will help children understand their feelings and how they personally experience them.



Coping Skills

We will work to create habits for using coping skills in social and emotional situations.



Social Awareness

We will help children use social perspective taking skills to relate to others and build friendships.

Enroll today!



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www.BeaconWellnessTeam.com